
SELF AND EFFICACY

for
Flute and Piano

(2018)

commissioned by

"She wasn't doing a thing that I could see, except standing there leaning on the balcony railing, holding the universe together." -J.D. Salinger

Performer's Key

o - corresponding syllable should be produced with throat open, using air from the lungs (aspirated)

+ - corresponding syllable should be produced with throat closed, using only air in the mouth (unaspirated)

B - this sound should be produced with as much resonance and bass as possible

All percussive sounds should be produced without vocalization. Unless notated otherwise, all syllables should be aspirated.

m . 93 "ft (growl)" - fluttertongue which will not overpower the air sound. Guttural fluttertongue is recommended.

Self and Efficacy

Nimble ♩ = 95

Flute

n *sf*

shhh

p

Leg. *

4

mp

ts

Leg.

7

shhh aahh shhh

p

*

11

sh ka ta p p

And.

14

A *rubato*

mf sh ka ta p p

17

k k sh k da sh k da sh k da sh k da

19

a tempo sh k da B B B B

*

And.

22

ft.
n < sf
mp
B

* *Red.*

25

ti ki ti ki ti ki ti ki
Red.

*

28

aahh
Red.

*

32

shhh aahh *p*
p

4 Key Clicks: RH only

Self and Efficacy

(growl)

n ----- *n* ----- *f* ----- *f* ----- *ft.* ----- *sf*

shhh _____ shhh _____ S _____ shhh _____ S _____ F

sh ³ g d sh ³ g d

B B B

sh g d B B B

rubato

sh g d B sh ³ g d sh ³ g d

a tempo G.P.

G.P. *pp*

Improvised Cadenza

: heavily vocalized

108